

What to bring to Presbytery of Cascades Summer Camps

This is a general list, please adapt to your needs as you pack!

*Mark all items with your name, unmarked items may not be returned if they become separated from the camper.
Your possessions are your responsibility!*

CLOTHING: Several Changes of Clothing (Enough for the number of days you're camping, extra set or two in case something gets wet)

- Jeans or long pants/Comfortable shorts
- T-shirts, short sleeved/long sleeved shirts
- Socks/Underwear
- Pajamas (take into consideration that the bathroom may be a short walk from your cabin)
- Light Jacket/sweatshirt
- Heavier Jacket (Even in the summer it can get cold in the evening)
- Something Waterproof is a good idea!***
- Shoes - 2 pairs walking shoes (Tennis Shoes & 1 Pair of shoes that can get wet)
- Swimsuit

Remember, camp involves lots of outdoor activities, and it's important to wear clothing that will be comfortable and allow you to participate. Plan on layering, as temperatures may change quite a bit during the day. Also, help us create a positive environment, keep it modest and appropriate. Your counselor may ask you to change if they consider your clothing not suitable. Leave t-shirts that have questionable slogans or images, or promote alcohol or drugs at home. Consider bringing t-shirt to wear over your swimsuit, if you think your swimsuit might be too revealing.

BEDDING:

- Sleeping bag
- Pillow

TOILETRY ITEMS:

- Towel
- Washcloth
- Shampoo

- Soap
- Toothbrush
- Toothpaste
- deodorant

- Comb or hair brush

OTHER:

- Bible
- Notebook & Pen
- Flashlight
- *Things to do during quiet time...a book to read, crayons or pens and paper
- All medications must be in **original** bottles or packaging and will be turned over to the camp medical staff at time of camper check-in.
- * **MAYBE** Money to spend at camp store or for camp DVD or t-shirt. Deans may request that campers leave money at home, and will notify you if a Camp DVD or t-shirt will be available for purchase. All money will be banked with camp store at time of camper check-in.
- Water bottle
- Plastic bag to take wet clothes
- Sunscreen
- *Camera
- *Day pack/fanny pack

** items are optional*

And what to leave at home... Camp is a wonderful and unique experience. To help you get the most out of it we request that you leave the following items at home.

NO Firecrackers, alcohol, illegal substances, or any type of weapon. Campers bringing any such items will be sent home immediately.

NO Cell phones, pagers, CD players, Discmans, Radios, Gameboys, or any other types of electronic entertainment devices...these may be confiscated by camp staff, as will any items that are deemed to be causing a distraction or dangerous to the camper or others.